

The success you've always wanted is just on the other side of five success blockers;

1. Your Self-Concept
2. Your Belief System
3. Your Story
4. Your Attachments
5. Your Attitude

Since you're reading the pocket book that will show you how to manifest the quality of life change you want, I must assume you are sincere about desiring that change.

What you are about to learn from reading this little pocket booklet will prove beyond the shadow of a

doubt that you DO have the power to bring about the life-style change you want.

And now you are also about to learn how and why, up until now, you've sabotaged your own good intentions. You'll learn why you and most others don't keep New Year's resolutions.

You've always had the power to solve your own problems, but you've hidden your manifesting powers behind a victim story (your story about why it hasn't happened). Instead of creating what you've wanted, you've used your power to manifest the experience of being powerless.

By manifesting powerlessness, your power has worked by seeming not to work. Your powerlessness has now become a barrier to your further success.

If you seem to be hopelessly trapped in a situation, job, or relationship that no longer serves or nurtures you, you will just naturally have serious doubts about your being able to manifest a change in those circumstances.

But believe me, your powerlessness is nothing more than an illusion created with the power you've always had to create our own reality. What? You hadn't realized you have the power to create your own reality?

Well, you are that powerful, and if you are truly ready for a change of circumstances, what you'll read here

will convince you that you DO have the power to create the reality in which that change must manifest.

So, if you were certain you had the power to grant your own wishes with a new BEING commitment, what would you choose to manifest—the perfect person or client for you—or maybe your income doubled?

You DO have the power to create a new reality in which the desired result manifests for you. And, in the next few pages, I will be giving you five simple steps for transforming the quality of your life and your circumstances. If you are truly ready to learn the truth of your being, I'll be showing you how and why you are powerful beyond anything you've ever dreamed possible!

Considering your present circumstances, that promise may sound incredible, but once you've understood and accepted the true nature of that sleeping giant within, you'll become a believer in your own power. And you will see how you've actually been misusing your power, to sabotage your success efforts.

You'll learn how you've used your awesome power to create the reality of powerlessness. You'll see how you've been using that power all your life, often manifesting what you didn't want, oblivious to the true nature of your own power.

Your use of that power, to date, might be compared to that of a 3 year-old playing with matches, without a

clue that in one careless moment, he/she might light the fire that burns down the house.

The source of your power

You are a powerful manifestor because you were created in the image and likeness of God. I know you've heard this truth many times before, and perhaps discarded it as non-essential data. But maybe you were not ready then to accept the awesome truth of your BEING. Are you now ready to BE powerful?

If so, consider accepting as your truth that you were created in God's image, and allow yourself to see that this realization makes you awesomely powerful. Just ponder being that powerful for a moment and let it sink in if you can.

The more you can accept being powerful as your truth, the more powerful a manifestor you'll become. The realization that God individualized Himself in you, as you, makes you a powerful BEING with creative powers you've not yet understood nor learned to manage.

You've heard this truth in some form or another all your life, but if like most others, you will have ignored its true significance. So, keep in mind that in coming to know this as your truth, you'll be proving it to yourself with manifested results.

Once you've accepted this truth as the bottom line for your reality concept, you'll realize that you've always had the power to create your own reality. Until now, your BEING powers were lost in translation and you somehow failed to get the profound nature of the message.

Previously, you've rejected the true meaning of "*created in His image and likeness*", because BEING a god didn't match your accepted reality concept (your story about the way life works or doesn't). But realize it or not, you are a god, and as a god, no matter what you've chosen to accept as "**your truth**", your reality concept must manifest results to match your chosen point of view about life.

That's right, you've created your own reality and have manifested the appropriate content by simply choosing who you would be and what to believe or not believe.

Your awesome manifesting powers work in tandem with your belief system and the law of cause and effect. That law reads: "*As thou hast believed, so shall it be done unto thee*"

Notice that this law, as the empowering force behind your Belief System, can punish as well as reward you. If you choose to believe you're not good enough, you will manifest evidence to prove you're not, but when you can believe you are good enough, you will manifest proof that you are.

Can you not see the trap here?

As a god, you have the power to create your own reality by simply choosing what you will believe. So, if you've decided that your circumstances are the major cause of all your problems, you've chosen a reality concept in which you will just naturally experience life as the victim of those circumstances.

You might want to notice that you are a victim only because that's what you've chosen to believe.

For instance: if you believe life is hard, you'll manifest struggle to prove your point, but if you could change your mind and accept success without stress as the norm, you'd manifest results easily and effortlessly. Sound like a fairy tale? It isn't!

But for as long as you continue to believe your circumstances caused your problems, you will manifest even more evidence that seems to prove you are a victim. But, the exact opposite is true; you are not a victim! Your manifested circumstances are merely a reflection of who you are BEING; they are the effect of your Belief System, not the cause of your problem.

Your powerful Belief System has simply manifested a reality in which a victim's circumstances naturally belong, and the Universe, by way of the Law of Attraction has delivered accordingly. With your own

Belief System, you've trapped yourself in the manifested reality of a victim.

To find your way out of that reality concept trap, you'll want to get that you've manifested a victim's circumstances by simply choosing to believe, think, act and feel like a victim. If you're thinking your boss will pick on you, he will. If you think people are out to cheat you, they probably will.

But if you could just change your mind about what you believe, you'd manifest a whole different set of circumstances, a better quality of life for yourself.

If you believe you are not good enough, you won't be. If you believe you're not smart enough you won't be. Neither of these beliefs would really be true if you hadn't created that reality concept. But true or not, you will remain stuck in that quagmire of self-depreciation for as long as you continue to point to your manifested results as the core cause of your problems.

Conversely, once you've taken responsibility for having created those "not good enough, not smart enough" reality experiences, you will have found the power to choose again. Then you'll manifest the reality of BEING "good enough and smart enough" by simply choosing that self concept as your new belief.

In the meantime, and for as long as your reality concept keeps telling you that you are powerless to change anything, you won't. In fact you can't change

anything for the better, until you've allowed yourself to see YOURSELF as the problem.

I hope you can see by now that by choosing the reality concept of a victim, you've chosen to play the role of a powerless pawn in a live play for which you wrote the script and are now directing.

It won't matter that your Belief System has the order of cause and effect reversed; as a god, you will always manifest results that prove you are right. You will manifest according to your Belief System no matter what you've chosen to believe.

As Henry Ford once said, *"Whether you believe you can or you can't, either way, you're right!"*

You've created that reality experience by choosing what to believe. And now, like everyone else on this planet Earth who believes "he or she can't", you will have trapped yourself in the manifested reality illusion of *"I can't"*. You might want to notice that the abbreviation for Belief System is **B.S.**



If you are playing at life in the role of a victim, you will have forgotten that you wrote, directed and now play the lead role in the story of your life. Once you've realized that you wrote your own story, how successful would you be, and how much better would the quality of your life be if you rewrote that story with a happier ending?

What would your life be like if the lead character in your play had a winner's attitude and had attracted the resulting winner's benefits?

The real error in your choosing powerlessness as your role in life is this: that BEING choice will just naturally attract solid evidence proving your situation hopeless. As a god, you will have used your god power to individuate yourself into the reality of powerlessness. Why not wake up your sleeping giant and tap into that awesome power to manifest the life you DO want?

I used that power to transform my life in the seventh grade! All the way through my early years of school, I thought I was dumb and manifested the barely passing grades to prove it. Then my seventh grade English teacher, Ms. Weeden, convinced me I was much smarter than I had believed. From that moment on, I got only A's and B's.

Notice that all I had to do to BE smarter was change my mind about what I believed about myself. Now might be a good time for you to realize that your Self Concept, your Belief System and your story have you trapped in a reality concept that's not serving you.

As a god you have the power to create your own reality with a new BEING choice! With your God-given BEING power, you can create the reality of smart or dumb, rich or poor. The point being, that if you want your manifested circumstances to change, you need

only change your mind about who you will BE and what's possible for you.

You DO have the power to rewrite the story that runs your life and you could do it now!

But your self-definition of powerlessness puts God out there someplace, when in truth He is and always has been a living part of you, experiencing life in and through you as you.

God in you, as the BEING principle, gives you the power to create any reality you can dream up by simply making a new BEING choice. And the choice is always yours to make. So, what will you create today? ...being powerful or powerless, rich or poor?

You've created your own reality by simply choosing who you will BE. And until you've taken full responsibility for what you've created, you'll remain trapped in the reality of a victim. Are you ready to admit you wrote the script for your own victim story?

Here's how you did it to yourself!

Using your God power, (your BEING power), you've chosen who to BE and what to believe, you've chosen a reality concept and an identity to match; you've written your story and the role you will play in it.

The hidden secret in your life's story is that you've always had the power to rewrite your role in the story that determines the quality of your life. You have the

power right now, to make a new BEING choice that will automatically improve the outcome of your life's story.

Once your new BEING commitment has been made, the quality of your manifested results will automatically change, because you are and have always been a powerful magnetic force for attracting what belongs with you.

The Law of Attraction demands a perfect match. Everything you attract into your life must fit within the context of your BEING choice. If you can accept that premise as the new foundation of your Belief System, then the process for changing the quality of your life will be as simple as changing your mind about who you will BE.

Then with total faith in the BEING principle and the Attraction Principle, you will make your new BEING commitment and manifest the better results you've wanted.

What I'm telling you here may sound like a fairy tale—too good to be true, but the truth is, once you've made a solid committed BEING choice, it must manifest. You are that powerful, but you will only manifest results according to your belief in what's possible.

When you take The Success Blockers Workshop, we'll show you how to grow your belief in what's possible by having you take baby steps that grow larger as

your self-confidence and your consciousness grow exponentially.

As a participant in our BEING Workshops, you'll gradually grow more and more certain of your manifesting powers.

Once you've proven your awesome power to yourself and acquired certainty, you won't be worrying about the "how to", because you will have realized that the manifesting process is on automatic. You'll simply choose a new way of BEING YOU, knowing for certain that the Universe must deliver the appropriate content and opportunities for that new BEING choice.

Of course, the next important step in the manifesting process is the ability to accept a better life for yourself. In choosing your new reality, you must be willing, able and ready—have the self worth—to accept delivery of new content when and in whatever form it shows up.

The delivery process—the Attraction Principle—has recently been called "The Secret". But the Law of Attraction was never really a secret; The Attraction Principle has always been in force. It is a truth that has been hidden from you in plain site—hidden only because at some level of consciousness you were not ready to accept that the process for solving life's problems could really be that simple.

The other half of "The Secret" to attracting what you want--the part that may have been missing from "The

Secret Movie”—Is the BEING Principle. It is always your BEING commitment and your attitude that triggers—sets the Attraction Principle in motion.

The power of God in you is your “I am” power—the BEING Principle—that’s the power you and I have to choose who we will BE. Once your new BEING choice is made, the Universe as The Attraction Principle automatically delivers the appropriate content.

Your manifesting powers will grow along with your ever increasing awareness that as gods, your life and mine are governed by two powerful spiritual principles:

- 1. The BEING Principle**
- 2. The Attraction Principle**

As an individualization of God, your conscious use of those two principles will make you powerful beyond your current ability to believe.

The truth about your life is this: if your wishes are ever to be granted, you must allow yourself to BE the powerful genie who manifests your desires through conscious use of the magic wand available in your use of those two powerful spiritual principles.

Your understanding and conscious use of these two principles will allow you to have whatever you want from life. But you can never manifest riches in any form, health, wealth or relationships, until you’ve chosen to BE RICH and FEEL RICH in that way.

Please know that nothing can or will change in your life without your new BEING commitment—until you've taken that first step of choosing to BE the one who...

- 1. Knows what you want**
- 2. Believes you can have it**
- 3. Has the self-confidence to choose it**
- 4. The self-worth to accept it**
- 5. And the winner's attitude to attract it**

- 1. How to know what you want.** If you don't know what you want, it's because you don't know who you are—not really. And if you don't know who you are, you won't know what belongs with you. If are not sure you know what you want, you might begin the process of deciding what you want by making a two column list.

In the left hand column make a list of everything in your life you don't like. Then in the right hand column make a want that would cancel out each item on the 'don't want' list. Do this exercise expecting that in the process of deciding what you want, you'll come to know who you are.

As you become more and more aware of your true identity, you'll more easily know who and what belongs in your life. Only then will you begin to make the BEING choices that allow you to have what you really want in your life.

In a BEING Workshop, we'd show you how to know what you want and choose it.

2. How to believe you can have it. Maybe even more important than knowing what you want is the belief that you can actually have it manifest in your life. **But just knowing what you want won't get it for you;** before those desired results can show up in your life, you must first have chosen to BE the one to whom that benefit belongs by right of consciousness.

Most people who know what they want never seem to manifest their desires. Their problem is in believing: they've chosen to have what they want, when in fact, they've only chosen to be someone who wants it. Notice that their BEING choice worked, when it manifested the reality of wanting.

You'll never manifest results beyond your belief in what's possible. So even if you knew what you wanted, you wouldn't choose it if you didn't truly believe you could actually have it, would you?

In a BEING workshop you'll be proving your power as a manifestor with out-of-the-box results. And with each subsequent manifestation you'd grow more and more certain about what's possible for you. Once you've acquired certainty, you'll realize that you can now truly have whatever you want from life just by choosing it.

During the 16 weeks of The Success Without Stress BEING Workshop, participants manifest remarkable results twice. They prove themselves to be powerful manifestors every 8 weeks. How great would your life be if you knew for certain you could have whatever you wanted from life?

3. Acquiring the self-confidence to choose it. I define self-confidence as belief in one's self—as 'can do' power. Confidence can also be defined as freedom from doubt—as in knowing you can and will do whatever it takes to have what you want. In the BEING Workshop, you would experience awesome spiritual awakenings, and as your consciousness grows so will your confidence (can do) power.

4. The winner's attitude to attract it. You'll want to know that your attitude about life is a powerful force for either attracting or repelling what you want or what you don't want. Your attitude is your state of mind—in this case, it's in how you feel about something you want. What you may not realize about your assumed attitude is that it just naturally creates a polarity for attracting what you want or what you don't want into your life.

Your attitude about your life and circumstances can be either your path to further success or your greatest barrier to that success.

Why is attitude so important?

Darel Rutherford - 16 - © All rights reserved

Two powerful emotions, Love and/or Fear, activate the Attraction Principle to manifest the appropriate results. If you focus mostly on your problems, you are in the survival mode and your attitude will be fear, doubt and worry. You'd fear the possibility of not having what you want. The survivors fear, doubt and worry moves you into a Loser's Attitude with which you'll only attract more of those troubling circumstances into your life.

But when your focus is mostly on the solution for your problem and what your life will be like when the problem is already solved, you'll be living in love, joy and enthusiasm. Your love cancels out the fear and gives you the Winner's Attitude.

To learn more about the art of acquiring the Winner's Attitude, you might want to visit www.richbits.com and purchase a copy of "The Winner's Secret" booklet for \$1.95 by this author. And if you want help in changing your focus from fear to love, you might want to join us in the next Success Blockers Workshop.

5. And you'll want to have the self-worth to accept it. Some would label, self worth, "self-esteem", but in terms of manifesting the desired results, I would rate self-worth a very necessary part in the five-step manifesting process. You won't be having what you think you want unless you have the self worth to accept it when it shows up. This means, you'll want to acquire the feeling that you'll have that new benefit in your life because it belongs with you.

We all have self worth issues, and in many cases, our self worth problems originated when our parents used, worthiness as a lever for manipulating our good behavior. “Acceptance”—the ability to accept a better quality of life—would rate high on the list of the most important elements of a successful manifestation.

In a BEING Workshop, you’d grow your self worth, your confidence and your consciousness, big time!

Remember; to have what you really want from life you must first...

- 1. Know what you want**
- 2. Believe you can have it**
- 3. Have the self-confidence to choose it**
- 4. The winner’s attitude to attract it**
- 5. And the self-worth to accept it**

Those five ways of BEING YOU, (BEING choices) are the necessary steps for making a BEING commitment that activates the Attraction Principle to manifest your desired result. Once you have all five elements for successful manifesting in place, you WILL, just naturally, attract and HAVE whatever you want from life!

That’s right! Your life really is a fairy tale. All your life, with all your past BEING choices, you’ve been writing the script of your own fairy tale! If your life’s story, up until now, is often missing joy, happiness and satisfaction, it can only be because you’ve left out one

or more of the above five steps—BEING choices—necessary for successful manifesting.

You DO have the power (now or whenever you are ready), to re-write the script that runs your life. You'll do that, with a new BEING choice. But each time you decide to manifest some new remarkable out-of-the-box results, you must, first, have all five BEING choices—the elements for successful manifesting in place.

Whatever you want from life that you do not already have, will become available to you when you are ready to chose your way out of your current reality concept box with a new BEING choice. Solving your life's biggest problems really is that simple, and it would even be easy if five powerful success barriers were not standing between you and further success.

To have what you want show up in your life would require a shift in BEING choices. Having the desired result manifest is as simple as changing your mind about who you will BE. All that's necessary is that you know what you want and choose to BE the one to whom it belongs by right of consciousness.

Remaking those five simple BEING choices would be so easy if your previous choices were not standing in your way of having the change you want.

The creative process for manifesting what you want in life is BE, DO HAVE. That creative process would be

so simple and even easy to use if it were not for the fact that we human BEINGS trap ourselves in the reality cage of our own Belief System. We take on the identity of the individual in our reality concept cage and then become attached to who we've become and what we've manifested.

In your journey toward manifesting your dream reality, you'll be half way home once you've realized that, in becoming attached to the status-quo, YOU will have become your own greatest barrier to having life get any better.

That's so important, I'll repeat it: **YOU are your own greatest barrier to having your life get any better.**

Why are we so change resistant?

As an individualization of God, you've created your own reality, and now live and move and experience life in the reality of that BEING choice, but not as a god---as your ego. In the process of creating your own reality, you've forgotten your True Identity.

Being a god gives you the power to individuate yourself and then to experience life from that point of view. You've used your god power to define your individuality, and in the process, developed amnesia and the illusion of separation.

In choosing who to BE, you've assumed the role of your individuation, your self-definition. Now, your reality concept illusion has become a cage of self-

imposed limitations. The walls of your cage are your fears of what unknown dangers may lurk beyond the boundaries of your current reality concept and your story.

Your fear of change is now your greatest barrier to manifesting further success in life.

In defining your individuation, you've separated yourself from God and trapped yourself in your own creation. Your separation from your god self is a natural part of the individuation process, but in the process of choosing a reality concept, you've given away your god-power to that which you've created.

Your reality concept trap has become five powerful blocks to further success.

The Success Blockers are:

- 1. your self-concept,**
- 2. your belief system,**
- 3. your story,**
- 4. your attachments**
- 5. and your attitude.**

These five ways of BEING YOU are how you've defined your individuation and created your very own unique reality concept. In these five ways, you've taken on the identity of your individuation, and are now experiencing life in the box created by choosing that reality concept.

Now that you've chosen a reality concept, you've turned the maintenance of your reality concept over to your survival (fear) motivated ego. With those BEING choices, you've chosen a reality concept in which to experience life, but that reality concept—your assumed identity—has become a box, a reality with self-imposed boundaries, and the keeper of your box is “your ego”.

Why do we need an ego?

Think of it this way: not only did God put a part of Himself in each of us, He also gave us an ego as the means by which we could experience life in the reality of our chosen individuation. As gods, we needed a unique identity and a material reality in which to experience our creativity.

To provide you with the real life experience of your chosen reality concept, your ego assumes the identity of your individuation. But while experiencing life in your chosen reality, as your ego, you'll just naturally forget who you are. You won't remember you are a god with the power to reinvent yourself. You'll forget you have the power to make life better with a new BEING choice; you will have become trapped in a cage of your own making.

Your ego sees its life as a mission of survival--the survival of its being whoever it perceives itself to be.

As a God, you've created your own reality, and now as your ego, you've assumed that identity and it (your

ego) has taken on the job of maintaining that reality concept illusion.

As ego, you'll be maintaining the status quo by screening out every idea that is not a perfect match for your chosen reality concept. As your ego, your reality concept will be defined in 5 different ways, each of which will have become a unique and very powerful barrier, blocking your ability to manifest further success.

Your reality concept/success blockers are:

- 1. Your self-concept**
- 2. Your belief system**
- 3. Your story**
- 4. Your attachments**
- 5. Your attitude.**

Remind yourself that the above five elements of your reality concept are the ways in which you've used your god power (your BEING choices) to define your individuation.

What's important to realize at this point in our discussion is: once you understand how and why you acquired each of those reality concept/success blockers, you will have found the power to reinvent yourself with a new self definition in each of those five ways of being you.

Isn't it time you reinvented yourself by choosing a new reality concept in which you can really and truly have whatever you want from life?

To manifest something different than your current circumstances, you'll need a whole new reality concept. In other words, if you want the quality of your life to change for the better, you must change your mind about who you are and what's possible for you. In this way, you will have redefined yourself with a new reality concept.

The first step in that process would be for you to realize that you created your current reality by choosing who to be and what to believe.

I didn't make this up!

It really is true that you can manifest whatever you want if you believe you can. And, so that you don't get off track with this truth in terms of what's possible for you, I want to remind you of the spiritual law that reads, "*As thou hast believed, so shall it be done unto thee*". And I also want you to see that this spiritual law makes you a god.

So, it doesn't matter what you've chosen to believe, your reality concept must manifest content to match.

You have the power

But, before anything can change for the better in your life, you must have a spiritual awakening--first come

alive, inspired by the realization that you have the power to simply change your mind about who you are and what's possible for you. By changing your mind in that way, you will have made a new BEING choice that changes your reality concept and redefines your individuation.

The other half of your reawakening realization will come at that point when, you've sufficiently proven your god power with manifested results. At that point, you'll know for certain that your new BEING choice must manifest the desired result.

Since that change of mind and heart is the real secret to manifesting the life style you want, then what's stopping you from manifesting that change? The answer is: YOU; in five different ways you have become your own greatest barrier to further success.

Your ego has five ways in which it maintains your reality concept. Each of the five will be used to block your success when you attempt to change your mind about who you are and what to believe.

Your reality concept, in five parts

1. The first way in which you as a god have individuated yourself by choosing a reality concept, is in how you've chosen to perceive yourself relative to everyone and everything else in your life. Your self concept is includes your current growth in consciousness, your self-esteem, your self-confidence and your self-worth.

You've created your own self concept with decisions like:

- a. I'm not loveable, or I am loveable
- b. I am good enough, or I'm not
- c. I'm dumb, or I'm smart
- d. I'm handsome, attractive, or not
- e. I'm a klutz, or I'm dexterous
- f. I can do whatever it takes, or I can't
- g. Please feel free to add to the list
- h.
- i.
- j.
- k.

2. The second way you've used your God power to individuate yourself was in deciding what you would believe. The problem with your **Belief System** (B.S) is in believing that your truth about life is "THE TRUTH"; when in fact, it is only "your truth". As a god, it doesn't matter what you believe—that belief (your truth) must materialize as your experience.

In your journey through life, you've made belief system decisions like:

- a. I am a victim of my circumstances
- b. God is out there someplace
- c. Life is hard
- d. I'm being punished for my sins

- e. Being more successful would mean working harder
- f. It takes money to make money
- g. Money is the root of all evil

Now, let's suppose you wanted desperately to change the quality of your life and improve your circumstances. You might want to notice that for as long as those beliefs are in place, it would be impossible to manifest results to the contrary. Perhaps while reading this book you will choose to change your mind about what's possible for you.

3. The third component of your individuation is **your story**, which is just something you've made up in your journey through life. This would be your many early on conclusions about the way life is. You built your story mostly out of survival based decisions made when you established the safe boundaries beyond which you dared not go.

The problem with your story is that you arrived at most of those conclusions way back when you were too young to know better, too young to be establishing a pattern for the rest of your life.

These were decisions like:

- a. I'll never allow myself to be hurt like that again
- b. Life is hard
- c. There will never be enough money

- d. The supply is limited; if I get what I want someone else will do without
- e. I have to take care of everyone and fix their problems

The problem with any aspect of your story is that once you've bought into the idea that there'll never be enough money, you'll manifest a life in which there will never be enough money no matter how much you make.

Your story has become a pattern for your life that, like a broken record, repeats itself over and over again until you change it.

- 4. The fourth way in which you've individuated yourself was in **becoming attached** to who and what you had or what you've wanted. Attached means what you have has you and now you're hooked. Being attached to anyone or anything means you've given away your power to that which you think you must have if your life is to be whole and complete.

You are attached if:

- a. You have something or are in a relationship you are afraid of losing
- b. You've set a goal and fear not reaching it
- c. You are attached to a job you don't like but can't quit because you need the money
- d. You are attached to a relationship that no longer serves you, but you've avoided

- confronting that person for fear of destroying the relationship
- e. You are attached to whatever you think you need to make your life whole and complete.

Unfortunately, attachment in any of its forms is a trap explained by a spiritual law that I've paraphrased to read: "*What you desperately need, you can't have; but once you no longer need it, you can have all of it you want*". You'll know what I mean, if you've ever gone to the bank to borrow money when you needed it. They said "No" didn't they? But if you didn't need it, you could have borrowed all you wanted.

Actually that law of attachment is my paraphrased interpretation of a biblical quote that reads, "*To him that hath, it shall be given and he shall have even more abundance; but to him that hath not, it shall be taken away even that he hath*".

Attachments are traps, because once you fear losing what you have or when you are afraid of failing at something you will most probably suffer that loss. Your way past that fear is to face it and move through and past it with the winner's attitude.

As a god, you can have whatever you want from life. But once you've become attached to a person, place, thing, or some outcome, you have become a person in need, and your need automatically negates your god power. It's like trying to water the lawn with your foot

on the hose. Your need gives your personal power to that which you've become attached.

To win at anything, you must first set yourself free of fear of need and in the process, acquire the Winner's Attitude. To win, you must find your way past your fear of loss or failure. As always, the only way out of pain, fear or trouble is through.

Fear is the avoidance of some form of pain, so until you've allowed yourself to move into and through the avoided pain (mostly imagined) your fear will stop you cold. But once you've visited the worst possible scenario and made that experience okay, your fear of loss will go away and you will have acquired the attitude of a winner.

As Mark Twain once said, *"In my lifetime I've faced a multitude of problems. Most of them never happened!"*

The success you really want is on the other side of your fear of the unknown. My guess is that you'll need help—coaching—thru the process of facing your fears and making failure okay. You'll find your fear coach in the next Success Blockers Workshop.

5. The fifth way you've defined your individuation is in choosing **your attitude** about your life and circumstances. Out of all your self-defining BEING

choices your attitude may be the single most powerful attractor or blocker of further success.

Basically, your attitude about the world and how you feel about life in general is what determines who and what you will attract into your life. Your attitude at any given moment, will be based in one of two powerful emotions—fear or love. Your attitude, whether love or fear based, activates the attraction principle to manifest corresponding results.

When you are focused more on your problem than its solution, Fear can only attract more of what you do not want into your life. But once your attention is centered in love, on the joy of having what you want—on the problem's solution, your newly acquired enthusiasm, the winner's attitude, will just naturally attract the success you want.

The thing to get from this **self-definition/success-barriers** discussion is the realization that you've created the reality concept in which your current circumstances just naturally belong. You've used your god power, to individuate yourself into that reality concept with those circumstances.

A major assumption in your reality concept illusion will be that there is no way out. But that's simply not true! The solution for your problem—any problem—is for you to rewrite the ending of your story or create a new

reality with another BEING choice. You can do that any time you are ready.

Just change your mind about who you are and what belongs with you and your circumstances will change to match.

At this point, stop and listen to your mind chatter. Notice that in just thinking about changing your mind, your negative self talk shows up. That's your ego reacting to the idea of a reality concept change with thoughts of fear, doubt or worry. What you're feeling is natural; it's ego resistance and that's what stops most people who attempt a serious change in life style.

Almost everyone you know would change their life style for the better if they knew they could. **People want out of what they've always just settled for and into that which they really want.** But because of their ego's powerful resistance to change, their transformation process is often time consuming and frustrating. You'll experience that frustration, unless you are coached through the transformation process by a certified BEING coach.

If you knew help were available through the transformation process, would you be interested in learning more about that?

If so, go to www.richbits.com and click on **workshops** or email darel@richbits.com and request information about the Success Blockers Workshop.

You've been growing your consciousness all your life, realize it or not. Self-discovery (spiritual awakenings) are not a one time event in your life—not a destination. Being transformed is nothing new in your life, but the process, more often than not, is slow and painful.

The average person, using a process called, CREATE, PERSIST, DESTROY, is transformed about every 3½ years. In that prolonged 3 to 4 year transformation process, the average person spends about 2 years in the destroy process before finally freeing him or herself from an unhappy situation or a relationship and move on.

The Create, Persist, Destroy process is prolonged and often agonizingly painful, because egos do not understand or accept the necessity for detaching from the old in order to make room for life to get better.

In the creative process, before we can have or manifest anything different in our lives, we must first detach from that which we've previously created. In order for anything new to show up in your life, you must create the space for it to happen.

You won't be choosing a new way of being YOU until the old YOU steps out of the way. The old you is You BEING your success blockers,

- Your self-concept
- Your belief system

- Your story
- Your attachments
- Your attitude

...all of these must change to make room for the new you. It is through this create, persist, and destroy (detach) process that we grow our consciousness, our self confidence and our self worth.

In the BEING WORKSHOPS, we speed up the transformation process by having participants detach and make a new BEING choice, with a new goal set every 8 weeks.

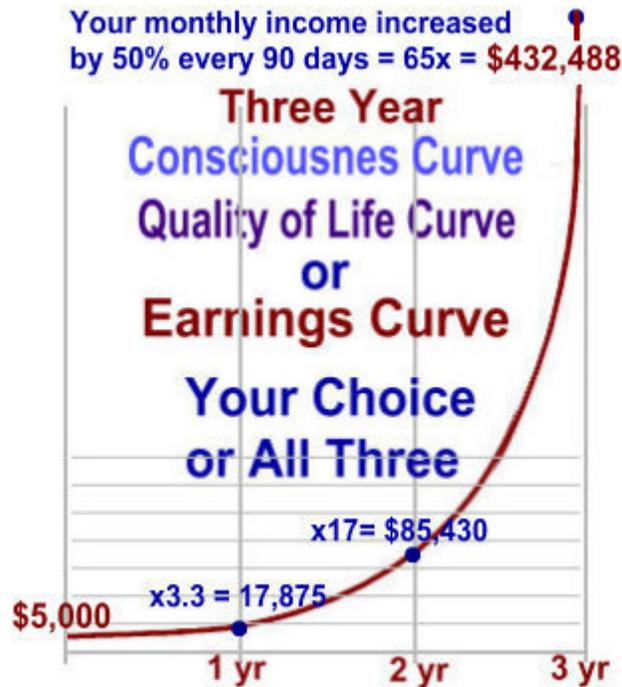
Why is it important to speed up the transformation process? You are an individualization of God on the yellow brick road of self discovery. But the realization of your god power can be theory only for you, until you've proven yourself powerful with manifested results.

Realize it or not, you are on a mission of self discovery. You've been slowly growing your consciousness all your life. This self growth process takes place through a series of spiritual awakenings. Life just gets better and better as your self awareness grows. Why not join us in the next Success Blockers Workshop and speed up the process.

One of the many ways you can experience the reality of God in your life is by using your god power to create the reality of your dreams—not just once—but over and over again. Through this process your

consciousness, your self confidence and your self worth will grow exponentially.

I've created an illustration to give you an idea what your life might look like on that consciousness curve.



A side benefit of your growth in consciousness, of course, will be your exponential growth in income and the improved quality of your life!

That you are a god can be theory only for you, until you've proven to yourself how powerful you are with

manifested results. You'll come to know God experientially by being a god in your own life. You'll grow your consciousness by facing your fears, while moving beyond those fear barriers

You've been searching for your personal power all your life without a clue that your power was the power of god expressing in and through you as you.

Most successful people go through life assuming personal power to be the ability to make things happen, the ability get things done—crunch it out, doing power. They mistakenly assume that personal power is an active make-it-happen sort of power.

But crunching it out is life the hard way. The easy, effortless way is to let the Universe do the manifesting.

The truth is that your god power is not “make it happen” power; instead it is passive power which is simply the power to make solid committed BEING choices with full faith (certainty) that your desired results will manifest easily and effortlessly.

Your god power is a “let it happen” power. You can have whatever you want from life once you've learned the art of making BEING choices that just naturally manifest the desired result easily and effortlessly.

I know this may sound like a fairy tale, but having what you want from life really is that simple.

But you'll probably need help in the process of proving life is that simple. You are and always have been in the process of growing your consciousness. And, realize it or not, your consciousness grows exponentially.

The time frame for growing your consciousness is strictly up to you, but the consciousness curve looks the same whether you spread it out over 60 years or three years. Go back and look at the chart again and then decide how soon you'll want to manifest the good life.

Notice in above the illustration that the consciousness curve will also be a quality of life curve and/or an earnings curve. Especially notice how your earnings and the quality of your life would improve exponentially if you chose to stay on the BEING Workshop's speeded up path of self discovery.

Can you even imagine how great life would be--how joyful, happy and successful you'd be if you were to grow your God Power—your manifesting powers—exponentially every 8 weeks for the next three years? I know you'll have trouble picturing that, but with each out-of-the-box manifestation, your belief in what's possible will grow.

As a participant in a BEING Workshop you'll grow your consciousness, your self-confidence and your self-worth every 8 weeks. But even more important is that

you'd be learning the art of managing your powerful change-resistant ego.

In the 6-month graduate course, The Mastering Your Life Workshop, you'd grow your consciousness every 90 days and be putting the real you in charge. To learn more about the BEING WORKSHOPS, call us at 505 280 0930.

The Success Blockers, as a pocket book is also available. See the price list below.

Phone orders: 1-877-884-8509
FAX orders: 505-837-9406

Or write: DAR PUBLISHING CO.
7116 Arroyo Del Oso NE
Albuquerque, NM 87109

Pocket Book Multiple Copy Discounts

Postage/handling additional

1-2 Copies	\$1.95/copy
3-9 Copies	\$1.65/copy
10-49 Copies	\$1.46/copy
50+ Copies	\$1.32/copy

The Success Blockers is also available in electronic format

Visit us on the Web at
<http://www.richbits.com>

Send feed back or questions:
darel@richbits.com

Darel Rutherford - 38 - © All rights reserved

Please send me ____ copies of The Success Blockers

Send me ____ copies of The Success Blockers CD

Mr./Mrs./Ms. _____

No. & Street _____ Apt No. _____

City _____ State _____ Zip _____

Tel. No. _____

FAX No. _____

E-mail _____

Pay with: Check () or Credit Card ()

Card No. _____

Exp. Date _____ Signature _____

For your protection, send this page in sealed envelope

Pocket Book Multiple Copy Discounts

Postage/handling additional

1-2 Copies	\$1.95/copy
3-9 Copies	\$1.65/copy
10-49 Copies	\$1.46/copy
50+ Copies	\$1.32/copy

The Success Blockers CD

Postage/handling additional

1-2 Copies	\$6.95/copy
3-9 Copies	\$5.65/copy
10-49 Copies	\$4.75/copy

The Success Blockers is also available in electronic format

Check it out at: www.richbits.com

Darel Rutherford - 39 - © All rights reserved